

Effect of camping on leadership qualities of physical education personnel

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■ ABSTRACT

The purpose of this study was to see the effect of camping on the leadership qualities of physical education personnel. The subjects selected for the study were 75 male students of Bachelor of Physical Education from Lakshmbai National University of Physical Education, Gwalior and aged 19.7 ± 2.1 years. The subjects were selected while they were going for a leadership training camp at Pachmarhi (M.P.). For the collection of data, Collaborative Leadership Self-Assessment Questionnaire (constructed by Robert Wood Johnson) was used to assess the leadership quality. CLSQ included six factors *i.e.* developing people, self-reflection, assessing the environment, creating clarity, visioning and mobilizing, building trust and sharing power and influence. The data were recorded before and after the camp. In order to analyze the data 'Paired t-test' was employed. The level of significance was set at 0.05. It was evident from the conclusion that the value of calculated t- ratio of all the six factors of leadership 6.93, 7.55, 8.26, 9.02, 10.02, 10.04, respectively, were found significant at 74 df with the tabulated 't' value 1.92, thus indicating that there was a significant effect of camping on the leadership qualities of physical education personnel on all the six factors.

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Camping is a place where people, students, troops etc. live for a specific time in tents or huts. Camp means living together in a group away from the homes, institutions, hostels etc. for outdoor education. Camp can be educational as well as recreational. Camping was at its peak during the epic Age. In those days people learnt from one another as they struggled to survive in the outdoor environment. Modern camps are becoming more democratic, permitting for free participation in activities and in planning of the program. The interest of campers are ascertained by means of various methods and used as the basis of programme working. The camp must be recreational to the extent that it must be satisfying to camper's aim but it does not prevent them from doing a very high level of educational work. Every camp has its own definite objectives and goals, towards which every phase of camp life will be directed. The camper's aim in attending camps is 'fun'. A camper judges every activity on the basis of pleasure and interest. To fail to satisfy the camper's aim will result

disastrously/defeat central aim of a camp. Camping is an outdoor recreational activity and the participants are known as campers.

Leadership is a process by which a person influences others to accomplish an objective and directs the organization in a way that makes it more cohesive and coherent. Leadership is a process whereby an individual influences a group of individuals to achieve a common goal. Leadership is the ability to build up confidence and zeal among people and to create an urge in them to be lead. To be a successful leader, one must possess foresight, drive, initiative, self-confidence and personal integrity. Different situations may demand different types of leadership. A group leader provides channel to the unutilized energy and creativity in the group.

Objective of the study:

The objective of the study was to see the effect of camping on leadership qualities of physical education